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| --- | --- | --- | --- | --- | --- | --- | --- |
| Full Name: |  | Preferred Name: |  | Pronouns: (Optional) |  | GTID: |  |

1. In what course(s) did you get a midterm unsatisfactory grade? (To check your grades online, log in to BuzzPort with your Georgia Tech Account username and password and select “Registration – OSCAR.”)

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1. Reflect on how things are going in the course(s), and fill out the grid to help you evaluate what behaviors are helping or hindering your success. *See the list of resources on the last page of this form to help you build a plan of action in response to a Midterm U.*

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| --- | --- | --- | --- |
|  | **Helping my success** | **Harming my success** | **Things I will change** |
| **Academic behaviors** |  |  |  |
| **Personal behaviors** |  |  |  |

1. What other questions or concerns do you want to discuss in this meeting?

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ADVISOR NOTES:

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***List of resources follows on next page***

The offices and resources below can help you create a plan of action in response to a Midterm U:

* [Academic Coaching](https://advising.gatech.edu/academic-coaching) with a professional academic coach can help you target study skills and habits, motivation, and other academics-related activities.  Many resources are available as [on-demand workshops](https://www.youtube.com/user/GTSuccessPrograms/videos), and downloadable [resources and worksheets](https://advising.gatech.edu/resources).
* [Peer-Led Undergraduate Study Sessions](https://tutoring.gatech.edu/plus-sessions/) covering introductory chemistry, mathematics, economics, and physics courses, among others, are staffed by trained teaching assistants who can help answer your questions about how to study for the courses and will help you solve problems.
* Tutoring is available through [Tutoring & Academic Support](https://tutoring.gatech.edu/) and [OMED Academic Support](https://omed.gatech.edu/academic-support/), including evening hours!
* The [Comm Lab](https://www.communicationcenter.gatech.edu/) (Communication Center) can help you with written, oral, visual, electronic, and other communication projects
* It's also a great idea to visit your instructor's office hours for assistance with course content and study strategies.
* You may have heard of the Institute's [Grade Substitution](https://catalog.gatech.edu/policies/grading-gpa/grade-substitution/) policy: If you earn the letter grade of D or F in a course at Georgia Tech, you can retake the course within one calendar year and replace your original grade. Students are eligible to grade-replace up to two courses throughout their academic career. There are some important limitations and caveats to understand about this policy:
	+ The original grade will still appear on your transcript.
	+ The original grade will still be factored in for HOPE/Zell scholarship calculations and GPA calculations by professional schools (like medical schools).
	+ The original grade will NOT be used in the calculation of your overall GPA for GT purposes, such as graduation with honors and academic standing.
* [The Center for Mental Health Care & Resources](https://care.gatech.edu/) is a single point of entry where students can access mental health resources and service both on campus and in the community.
* [The Wellness Empowerment Center](https://wellnesscenter.gatech.edu/) offers multiple programs and services to support whole-person health and wellbeing including programs in Wellness Coaching, Financial Wellness, Adulting, and physical health
* [Exploratory Advising](https://advising.gatech.edu/exploratory-advising) can help you explore majors and academic options, including minors and certificates.
* [The Career Center](http://career.gatech.edu/) can help you to set goals and find motivation by counseling you on possible careers to suit your values and interests.
* [The Dean of Students Office](https://studentlife.gatech.edu/request-assistance) can help with excused absences due to illness, emergencies, or other issues. Their office also provides additional support and can connect you with specific resources if you’re unsure where to go for help.